The Opioid Epidemic Where We Are and

Where We Go From Here

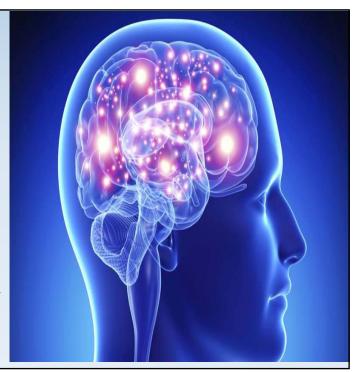
Southwest Metro Regional Chamber

January 11, 2018

Michael Dohn, MD, MSc Medical Director

Barb Marsh, MSW, LISW-S, LICDC-CS Assistant to the Health Commissioner Public Health – Dayton & Montgomery County

Randall Carmack Certified Peer Recovery Supporter



WHAT IS Public Health?

The science of protecting and improving the health of families and communities through promotion of healthy lifestyles, research for disease and injury prevention and detection and control of infectious diseases

Our mission is to lead and innovate by working with our community to achieve the goals of public health: *prevention, promotion* and *protection*

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What are opioids?

Types of opioids



How opioids effect the body

How opioids can lead to addiction and dependence

What are opioids ...

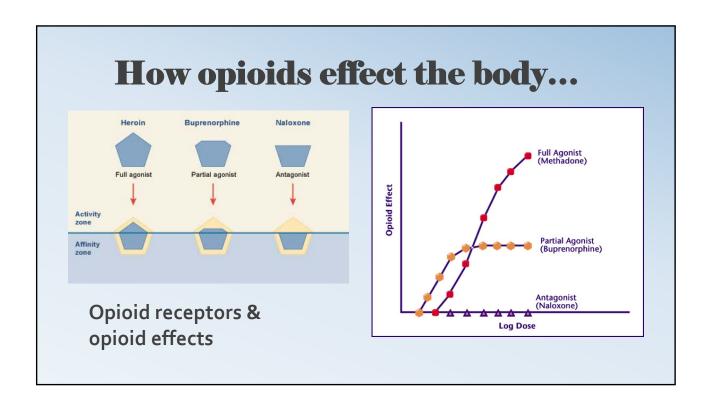
3 Main types

Natural: morphine, codeine, & thebaine

Semi-synthetic: heroin, hydrocodone, & hydromorphone

Fully synthetic: fentanyl, methadone, tramadol

https://teens.drugabuse.gov/blog/post/real-teens-ask-what-are-different-types-opioids-o (Last access Jan 2018)





Dependence

- Predictable
- Physiological response
- Withdrawal symptoms



iStockPhoto karenfoleyphotography

Addiction

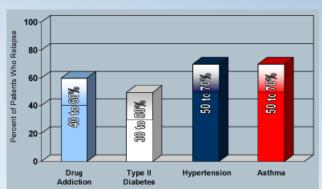
- Unpredictable
- Genetic, biological, & psycho-social factors
- Diagnosable disorder



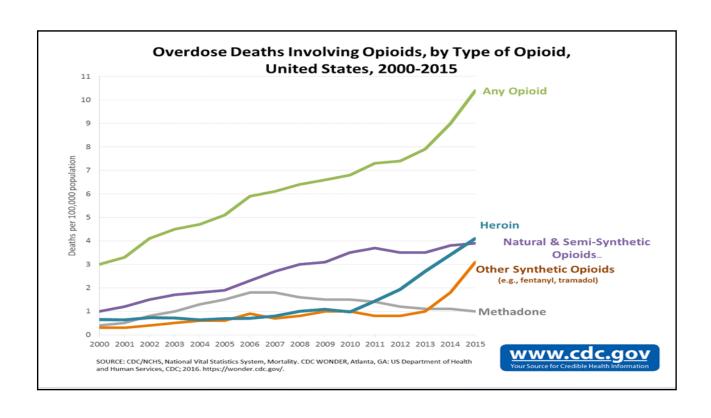
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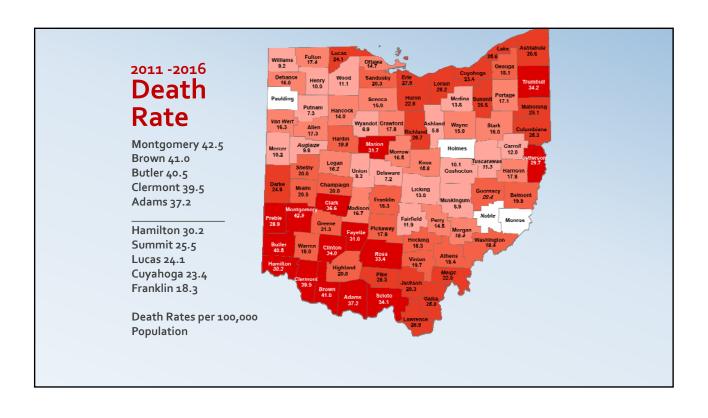
Opioid Use Disorder: Chronic Disease

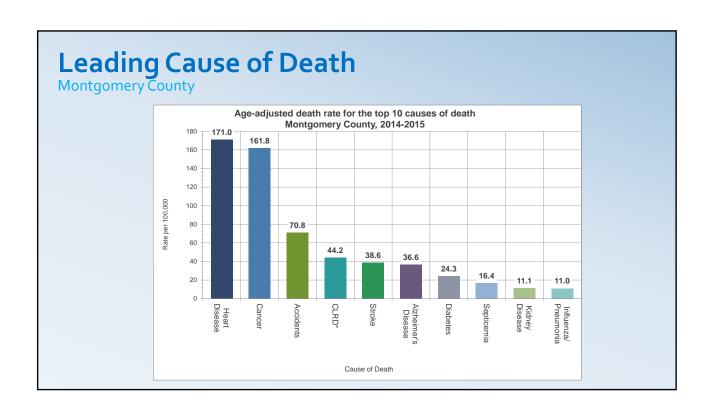
- ✓ Long-term treatment
- ✓ Multi-disciplinary approach
- ✓ Relapse

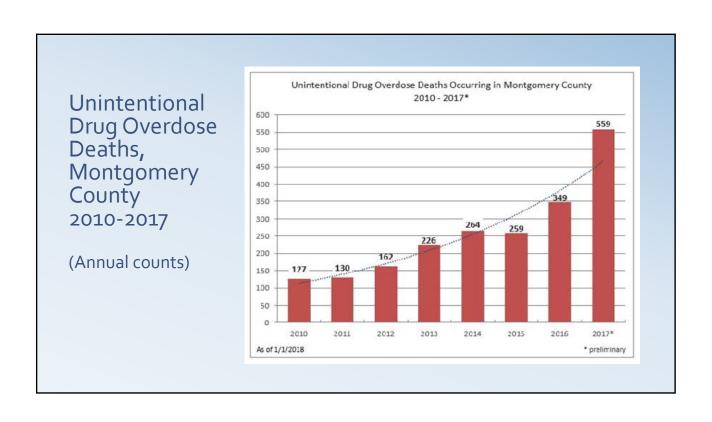


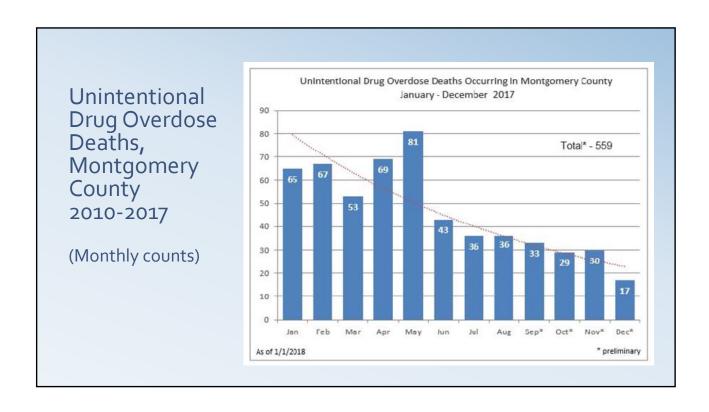
> The disease experience











Community health improvement plan Guiding Principles - collective impact - health impact pyramid - systems-level thinking Public Health - Dayton & Montgomery County/ADAMHS Board for Montgomery County/ ADAMHS Board for Montgomery County/ ADAMHS

CHIP Health Priorities



Birth Outcomes

Infant Mortality is the key, long-term indicator for birth outcomes as well as for overall community health and well-being.

Chronic Disease Prevention



Regardless of the neighborhood or community, all Montgomery County residents should have access to safe recreational facilities and healthy food options. New policies and programs emphasizing chronic disease prevention can "make the healthy choice, the easy choice".

Behavioral Health



Integration of partners – mental health, substance abuse, primary care, public health – is critical to meet the behavioral health needs and ultimately the overall health of Montgomery County residents.



Behavioral health

Goal 1 - Ensure access to needed behavioral health services at the right amount, at the right time, for the right person, and in the appropriate setting.

Goal 2 - Increase integration of physical and behavioral healthcare services.



Goal 4 – Reduce the use of opioids and other illicit substances.



Goal 3 - Enhance care coordination and information sharing across behavioral health and other system partners.



25

1/10/2018











The South Suburban Coalition



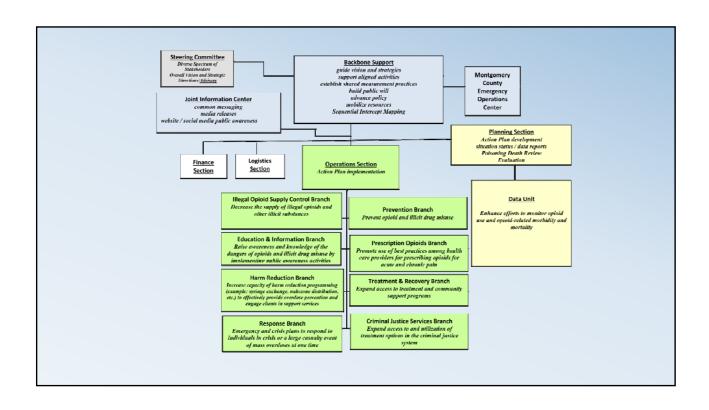
Community Overdose Action Team

Working Together To Combat Opioid Overdoses



Goals

- √Stabilize the number of people dying from drug overdoses
- ✓ Reduce the number of fatal overdoses







Over 200 individuals and 100 organizations

Joint Information Center and Data Unit

2016

No coordinated messaging among agencies about the opioid crisis



Formal news releases and response to media inquiries

IAP distribution to all COAT members

Website

Monthly briefing



Annual Poisoning Death Review Report

More robust six month data report

EpiCenter Alerts

Education and Information

2016

Getting Recovery Options Working (GROW) provided outreach in East Dayton



2017

GROW Team expands to seven police departments

Dayton Police, Miamisburg and Fire/EMS added one full-time employee from each department to GROW

GROW Blitzes began

Public Health expanded Outreach in Miamisburg

DEA provided funding to the GROW Teams for resource distribution



DEA 360 Strategy was implemented for Dayton

Education and Information

2016

Limited countywide media campaign addressing addiction and stigma



2017

ADAMHS launches Think Again campaign including transit ads on RTA buses, radio advertising, direct mail postcard

Campaign wins a 2017 Hermes Bronze Addy Award: Public Service Category

Public Health partnered with Fox 45 to create mobile targeted advertising in high risk overdose zip code areas in Montgomery County

Harm Reduction

2016

Project DAWN and CarePoint complete first year of implementation



2017

Project DAWN expanded training to community agencies, community events and in the criminal justice institutions

Project DAWN authorized and trained business employees, volunteers or contractors to administer Narcan

Public Health partnered with Project DAWN to provide Narcan training to service entities

CarePoint expanded to three sites and now furnishes Narcan

Harm Reduction

2017

2016

Dayton Police Department was the first of several law enforcement departments carrying Narcan



Expanded to 20 law enforcement departments and 5 other first responder agencies.

No law enforcement agencies were furnishing Narcan to the public



Dayton Police Department, in partnership with Public Health is furnishing Narcan to the public

Illegal Opioid Supply

2016

2017

Heroin Eradication and Apprehension Team (HEAT)



Increased efforts in heroin and fentanyl seizures

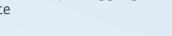
RANGE Task Force

Bulk Currency Smuggling Task Force

3 law enforcement blitzes



Seized currency and illegal drugs valued at \$8,865,050 in 2017





Butler Twp. joined

MCDFC Law Enforcement Committee blitzes expanded to 7 in 2017

MCDFC Right Place – Right Time Faith Based Town Halls

Prescription Opioids

2016

2017

No formal classes were offered to medical students on addiction



Boonshoft School of Medicine is developing and enhancing addiction curriculum

No formal opioid prescribing guidelines were in place



New Ohio pain management prescribing laws – PAUSE developed

Limited SBIRT Training



SBIRT training expansion locally and statewide

Prevention

2017

2016

No standardized school based health curriculum on substance abuse prevention



WSU developed a standardized curriculum, the HOPE curriculum; launched June 2017 statewide

No countywide initiative to assist employers to develop drug-free workplace policies & 2nd chance programs



Montgomery County Wellness at Work launched in spring 2017

Prevention

2017

2016

Youth Led Prevention teams in five high schools



Youth Led Prevention teams in eight high schools

No countywide initiative to equip churches in the integration of prevention messaging into their faith communities



4 churches completed the "Building Prevention with Faith" one day training in October 2017

Additional churches are being recruited for the Spring 2018 training

Treatment & Recovery

2017

2016

8 subacute (residential) detoxification beds available county wide. Capacity to serve 415 people per year



14 subacute (residential) detoxification beds available countywide. Capacity to serve 730 people per year

Ambulatory (Outpatient)
Detoxification Services operating
during regular business hours,
Monday - Friday



24/7 Ambulatory (Outpatient) detoxification services operate at Samaritan Behavioral Health Inc.

Treatment & Recovery

2017

2016

Specialists

Zero Certified Peer Recovery



20 Certified Peer Recovery Specialists; 47 are in the process of becoming certified

4 ADAMHS contracted recovery housing providers with capacity for 20 female & 5 male beds



7 ADAMHS contracted recovery housing providers with capacity for 45 females and 43 men

Criminal Justice Services

2017

2016

No Narcan training for people being released from jail, the STOP

program, and the MonDay facility



Project DAWN provides monthly trainings at the jail, the STOP program, and the MonDay facility for people preparing to be released from the facilities

1.5 FTE for court ordered behavioral health assessments for people incarcerated in the county jail



2.2 FTE for court ordered behavioral health assessments for people incarcerated in the county jail

Response

2016

EMS/Fire departments were not permitted to personally furnish naloxone to the general public



2017

Ohio Board of Pharmacy approves EMS/FIRE departments to personally furnish Naloxone

Greater Miami Valley EMS Council develops template for department protocols

ADAMHS partners with Dayton Fire Department to establish EMS Repository for any EMS/Fire department wanting to personally furnish



Where We Are Going Next

Where We Are Going Next

- Continue our coordinated COAT strategy to achieve collective impact
- Increase businesses who adopt Drug-Free Workplace policies
- Partner with businesses to increase employment opportunities for those in recovery
- Increase community-wide and youth led prevention programs
- Strengthen partnerships with faith-based communities
- Continue media messaging to educate people on available treatment options
- Increase certified Peer Recovery Specialists

Where We Are Going Next

- Increase Narcan distribution
- Expand and enhance syringe services
- Improve coordination of recovery club organizations
- Continue to seek federal and state funding that aligns with COAT initiatives
- Increase media campaigning to reduce stigma of mental illness and addiction through the Think Again Campaign, #Voices Project (Indigo Media), speaking engagements and town hall meetings
- Continue to use data to establish COAT strategic directions



Voices Project: William

www.Ryan Hampton.org/Voices #VoicesProject





Randall Carmack Certified Peer Recovery Supporter rcarmack@phdmc.org

Barb Marsh, MSW, LISW-S, LICDC-CS Assistant to the Health Commissioner bmarsh@phdmc.org

Michael Dohn, MD, MSc Medical Director mdohn@phdmc.org

Phone: 937 255-7500

Website: www.phdmc.org